

## 03 Food safety and nutrition procedures

### 03.4 Nutrition

- Parents must share information about their children's particular dietary needs with staff when they enrol their children and on an on-going basis with their key person.
- Key persons regularly share information about the children's levels of appetite and enjoyment of food with parents.

#### **Packed lunches**

Where children have packed lunches, staff promote healthy eating, ensuring that parents are given advice and information about what is appropriate content for a child's lunch box. Parents are also advised to take measures to ensure children's lunch box contents remain cool i.e. ice packs, as the setting may not have facilities for refrigerated storage.

This policy was updated by: Pangbourne Valley Playgroup

On: 1<sup>st</sup> September 2022

Date to be reviewed: September 2024

Pre-School Manager: E. Carney

Name of Signatory:

Signed:

Role of Signatory ( e.g. Chair, Director or Owner)